



KIRKSTALL ABBEY 7

hosted by KIRKSTALL HARRIERS

In support of Wheatfields in memory of Stephen Blades and Paul Reynard

7 mile multi terrain course starting and finishing within the

Abbey grounds. A bottle of beer & goodie bag to all finishers

Courses are not suitable for wheelchairs, are uneven in parts and slippery if wet

Sunday 17th September 2017 @ 10:00am

Entry to any event is accepted on the day, KA7 subject to ENTRY LIMITS

Race HQ is : Abbey Visitor Centre, Abbey Rd, Kirkstall, LS5 3EH



9:00am - Mad Monk Meander Fun Run

1 mile family fun run. Chase the mad monk around the Abbey grounds! Medal to all runners

(ENTRY LIMIT OF 100)

9:25am - Junior Race

2 mile course within the Abbey grounds for under 17s

Trophies for 1st male & female. Medal to all runners

(ENTRY LIMIT OF 50)

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|--|---------------------|--|------------------------|
| First Name | LICENCE APPLIED FOR | KA7 Affiliated Entry £10 | £ <input type="text"/> |
| Surname | | KA7 Unaffiliated Entry £12 | £ <input type="text"/> |
| Address | | KA7 Entry on the day £2 extra | £ <input type="text"/> |
| M <input type="checkbox"/> F <input type="checkbox"/> | | Mad Monk Meander Fun Run £2.50 | £ <input type="text"/> |
| Postcode DOB | | Junior Race £3.50 | £ <input type="text"/> |
| (Note: min age on race day for the KA7 is 17yrs) | | Donation to Wheatfields | £ <input type="text"/> |
| Club/Team | | Total Remittance (no refunds possible) | £ <input type="text"/> |
| UKA Reg No. | | You can also enter any race online at racebest.com at no extra cost | |
| (affiliated runners to complete) | | | |
| email | | I hereby declare that the above named runner is medically fit to run and is an amateur as defined by England Athletics rules. I understand that the organisers and Leeds City Council will be in no way held responsible for illness or injury caused during or as a result of taking part in this event or for any lost property. | |
| Contact Number | | | |
| Signed as or on behalf of the above runner | Date | | |
| This race is part of the Leeds Athletics Network Series (see www.leedsathletics.net for details) | | | |
| Trophies and cash prizes for : 1st male and female. Cash prizes for 2nd, 3rd male and female. | | | |
| Prizes for 1st male & female Vet40, Vet45, Vet50, Vet55, Vet60 & Vet65. | | | |
| Stephen Blades Trophy for the first local runner. Team (3 runners) prizes for 1st male club/team and 1st female club/team. | | | |
| All trophies/prizes presented at the race HQ at approx 10:10am (Junior Race) and 11.30 (Senior Race) | | | |



Please make cheques payable to KIRKSTALL HARRIERS and send with this form to: Racebest, PO Box 323, Leeds. LS16 0GA

For all three events, your race number will be available for collection on the day from the race HQ

The entry list for all 3 events will be posted on racebest.com. Final race details will be posted on kirkstallharriers.org.uk

Closing date for entries is 15th Sept.



For online entry and course maps please visit: kirkstallharriers.org.uk Any Questions? Please email kirkstallharriers@gmail.com