



# KIRKSTALL ABBEY 7

Pos'n	Time	Number	Name	Cat	Club
1	00:37:58	88	Simon Pass	MV35	Saltaire Striders
2	00:38:34	78	Colin Walker	MV35	Pudsey and Bramley
3	00:39:26	135	Sean Cotter	MV45	Leeds City
4	00:39:50	90	James Clark	M	Pudsey Pacers
5	00:40:24	130	Greg Weatherhead	M	Abbey Runners
6	00:40:29	99	James Cantwell	MV45	Pudsey Pacers
7	00:40:45	33	Graham Shooter	MV45	St Therasas AC
8	00:40:56	105	James Wilkinson	M	Pudsey and Bramley
9	00:41:16	63	Nick Robinson	M	Unattached
10	00:41:33	131	Harry Dalby	M	Pudsey and Bramley
11	00:41:40	58	Terry Midgley	MV35	St Therasas AC
12	00:41:53	132	Scott Hederson	MV35	Hyde Park Harriers
13	00:42:10	31	Chris Lyons	MV35	Chapel Allerton RR
14	00:42:13	80	Tim Straughan	MV45	Skyrac AC
15	00:42:24	127	Simon Stevens	M	Unattached
16	00:42:35	76	John Shepherd	MV45	Red Rose RR
17	00:42:56	234	Jess Nixon	F	Leeds City
17	00:42:56	28	Michael Arnold	M	Unattached
19	00:43:17	79	Thomas Feather	M	Leeds Bradford Tri
20	00:43:24	87	Alan Walsh	M	Valley Striders
21	00:43:25	120	James Richard	M	Unattached
22	00:43:26	119	Simon Coughlan	M	Pudsey Pacers
23	00:43:29	174	Stephanie Haughton	F	Airecentre Pacers
24	00:43:39	53	Paul Stanhope	MV45	Eccleshill RR
25	00:43:48	111	Russell Gibbons	M	South Cheshire Harriers
26	00:43:49	43	Gary Mann	M	Valley Striders
27	00:43:55	51	Jamie Tweddell	M	Wakefield Tri
28	00:44:01	231	Kim Threadgall	F	Valley Striders
29	00:44:02	138	Dominic Nurse	MV35	Abbey Runners
30	00:44:07	84	Neil Jones	MV35	Unattached
31	00:44:37	30	Richard Doveston	M	Chapel Allerton RR
32	00:44:39	40	Christopher Gill	MV65	St Therasas AC
33	00:44:42	128	Richard Gibson	MV35	Pudsey Pacers
34	00:44:55	187	Rachel Pilling	F	Pudsey and Bramley
35	00:45:00	110	Andrew Carruthers	MV45	Halesowen

Female Open			
Pos'n	Time	Name	Club
1	00:42:56	Jess Nixon	Leeds City
2	00:43:29	Stephanie Haughton	Airecentre Pacers
3	00:44:01	Kim Threadgall	Valley Striders

Female Over 35			
Pos'n	Time	Name	Club
1	00:45:28	Liga Magdalenoka-Keen	Chapel Allerton RR
2	00:48:15	Sarah Grant	Abbey Runners
3	00:49:37	Sarah O'Sullivan	Keighley and Craven

Female Over 45			
Pos'n	Time	Name	Club
1	00:48:59	Leslie Fisher	Burnden RR
2	00:49:24	Wanda Macdonald	St Therasas AC
3	00:53:52	Julie James	St Therasas AC

Female Over 55			
Pos'n	Time	Name	Club
1	00:55:00	Angela Johnson	Horsforth Harriers
2	01:01:21	Lynne Fallon	St Therasas AC
3	01:08:37	Jeanette Gratton	Billingham Marsh House

Female Over 65			
Pos'n	Time	Name	Club
1	01:04:37	Moirá Lenaghan	Crossgates Harriers

Male Open			
Pos'n	Time	Name	Club
1	00:37:58	Simon Pass	Saltaire Striders
2	00:38:34	Colin Walker	Pudsey and Bramley
3	00:39:26	Sean Cotter	Leeds City

36	00:45:05	101	James Langstraat	M	Unattached
37	00:45:19	102	Stephen Turgoose	M	Unattached
38	00:45:26	72	Dan Donnelly	MV45	Fetch Everyone RC
39	00:45:28	196	Liga Magdalenoka-Keen	FV35	Chapel Allerton RR
40	00:45:35	20	Paul Crossan	MV45	Chapel Allerton RR
41	00:45:37	143	Mad Monk	M	Kirkstall Harriers
42	00:45:42	109	Martyn Finn	MV35	Pudsey and Bramley
43	00:46:47	126	Ben Ray	M	Unattached
44	00:46:56	125	Steven Taylor	MV35	Unattached
45	00:46:58	62	James Wilmshurst-Smith	M	Unattached
46	00:47:00	232	Myra Jones	F	Valley Striders
47	00:47:13	142	Robert Marsh	MV35	Valley Striders
48	00:47:14	123	Tony Ward	M	Team Tri Sports
49	00:47:26	21	Mick Hogan	MV45	Eccleshill RR
50	00:47:28	15	Terence Thomson	MV55	Unattached
51	00:47:32	5	Wayne King-Farlow	MV35	Bingley Harriers
52	00:47:33	216	Jenny Baumont	F	Skyrac AC
53	00:47:52	81	Robert McNichol	MV45	Unattached
54	00:48:15	218	Sarah Grant	FV35	Abbey Runners
55	00:48:22	60	Martin Green	M	Unattached
56	00:48:30	83	Daniel Mortimer	MV35	Roberttown RR
57	00:48:36	136	Hejll Keppjg	MV45	Unattached
58	00:48:38	14	David Orange	MV55	Unattached
59	00:48:59	219	Leslie Fisher	FV45	Burnden RR
60	00:49:09	18	Mike Higgins	M	Valley Striders
61	00:49:15	64	Jerry Kift	MV55	Rothwell Harriers
62	00:49:16	71	Ryan Owens	M	Unattached
63	00:49:24	165	Wanda Macdonald	FV45	St Therasas AC
64	00:49:35	61	Robert Calver	MV35	Chapel Allerton RR
65	00:49:37	209	Sarah O'Sullivan	FV35	Keighley and Craven
66	00:49:39	85	Ralph Kidner	MV55	Hyde Park Harriers
67	00:49:44	66	Neil Haggas	MV35	Unattached
68	00:49:46	100	Andrew Hargreaves	MV35	Pudsey Pacers
69	00:50:06	34	Ian Dowsland	M	Unattached
70	00:50:07	50	Neil Holloway	MV35	Unattached
71	00:50:16	98	Jim Perkins	MV35	Abbey Runners
72	00:50:23	11	Jon Eagle	MV45	Horsforth Harriers
73	00:50:31	106	Jason Briggs	MV35	Unattached
74	00:50:33	68	Mark Smith	MV45	Pudsey Pacers
75	00:50:37	224	Sophie Hawkswell	F	Horsforth Harriers
76	00:50:44	38	Daniel Peel	MV35	Newcastle AC
77	00:50:57	73	Steve Hall	MV35	Dewsbury RR

Male Over 35			
Pos'n	Time	Name	Club
1	00:37:58	Simon Pass	Saltaire Striders
2	00:38:34	Colin Walker	Pudsey and Bramley
3	00:41:40	Terry Midgley	St Therasas AC

Male Over 45			
Pos'n	Time	Name	Club
1	00:39:26	Sean Cotter	Leeds City
2	00:40:29	James Cantwell	Pudsey Pacers
3	00:40:45	Graham Shooter	St Therasas AC

Male Over 55			
Pos'n	Time	Name	Club
1	00:47:28	Terence Thomson	Unattached
2	00:48:38	David Orange	Unattached
3	00:49:15	Jerry Kift	Rothwell Harriers

Male Over 65			
Pos'n	Time	Name	Club
1	00:44:39	Christopher Gill	St Therasas AC
2	00:52:54	Roy Bamford	Pudsey Pacers
3	01:02:11	Don Stead	Pudsey Pacers

The First Female Team is Valley Striders			
Pos'n	Time	Name	Club
1	00:44:01	Kim Threadgall	Valley Striders
2	00:47:00	Myra Jones	Valley Striders
3	00:55:36	Sarah Howell	Valley Striders

The First Male Team is Pudsey and Bramley			
Pos'n	Time	Name	Club
1	00:38:34	Colin Walker	Pudsey and Bramley
2	00:40:56	James Wilkinson	Pudsey and Bramley
3	00:41:33	Harry Dalby	Pudsey and Bramley

### STEPHEN BLADES MEMORIAL TROPHY

Time	Name	Club
00:43:49	Gary Mann	Valley Striders

77	00:50:57	114	Simon Fox	MV35	Unattached
79	00:50:58	203	Sandra Foster	F	Pudsey Pacers
80	00:51:11	202	Carla Murphy	FV35	Unattached
81	00:51:29	16	Thomas Sloman	M	Unattached
82	00:51:30	3	Ian Robertshaw	MV35	Horsforth Harriers
83	00:51:46	97	Neil Wallace	MV35	Pudsey Pacers
84	00:52:08	95	Andrew Byrom	MV45	Pudsey Pacers
85	00:52:17	104	Chris Taylor	M	Hyde Park Harriers
86	00:52:25	55	Martin McLeave	MV45	Horsforth Harriers
87	00:52:45	116	Dave Pearson	MV55	Burnden RR
88	00:52:48	44	Simon Greene	MV55	Northern Vets
89	00:52:50	74	Hugh Creasy	MV35	Unattached
90	00:52:54	112	Roy Bamford	MV65	Pudsey Pacers
91	00:53:00	89	Martin Browne	MV45	Abbey Runners
92	00:53:11	217	Joy Warman	F	Pudsey Pacers
93	00:53:24	37	Chris Sawyer	MV45	Valley Striders
94	00:53:28	96	Mark McCarthy	MV35	Unattached
95	00:53:38	134	Ben Hartley	M	Hyde Park Harriers
96	00:53:50	186	Helen Baines	F	Unattached
97	00:53:52	182	Julie James	FV45	St Therasas AC
98	00:54:02	8	Steven Abbott	MV45	Crossgates Harriers
99	00:54:07	26	Matthew Seal	MV35	Unattached
100	00:54:09	29	Richard North	MV45	Unattached
101	00:54:24	107	Stuart Town	M	Unattached
102	00:54:32	161	Jane Hallam	FV45	Abbey Runners
103	00:54:37	39	Brian Sean Perfitt	MV35	Eccleshill RR
104	00:54:42	59	Ian Clithero	MV35	Unattached
105	00:54:44	77	Steve Pickering	MV35	Unattached
106	00:55:00	184	Angela Johnson	FV55	Horsforth Harriers
107	00:55:09	233	Louise Bland	F	Unattached
108	00:55:17	121	John Turner	M	Unattached
109	00:55:20	42	Malcolm Johnson	MV55	Horsforth Harriers
110	00:55:33	108	Shane Franklin	M	Unattached
111	00:55:36	185	Sarah Howell	F	Valley Striders
112	00:55:41	170	Rachel Ullah	F	Unattached
113	00:55:46	93	Carlos Cantero	MV35	Unattached
114	00:55:51	223	Liz Willis	FV45	Abbey Runners
115	00:55:57	25	John Hills	MV55	Huddersfield RR
116	00:56:02	212	Emma Jones	FV35	Unattached
117	00:56:18	192	Helen Mills	FV35	Unattached
118	00:56:28	117	Don Nichol	MV55	Burnden RR
119	00:56:48	133	Philip Allman	MV45	Unattached
120	00:56:54	210	Kelly Baustian	F	Unattached

121	00:56:56	115	Richard Burnell	MV55	Unattached
122	00:57:20	140	Ben Evans	MV35	Horsforth Harriers
123	00:57:26	181	Rachel Ridgway	FV35	Goole Viking Striders
124	00:57:27	222	Janet Cliff	FV45	Chapel Allerton RR
125	00:57:45	1	Stuart Scott	MV55	Wakefield Harriers
126	00:57:48	103	Andrew Smithurst	MV45	Pudsey Pacers
127	00:57:59	201	Liz Reddington	FV45	Valley Striders
128	00:58:12	129	John Woodhead	MV55	Pudsey Pacers
129	00:58:16	7	Andrew Gardner	MV55	St Therasas AC
130	00:58:17	221	Michelle Smale	FV45	St Therasas AC
131	00:58:28	214	Philippa Turner	F	Unattached
132	00:58:39	156	Carol Ramsden	FV45	Horsforth Harriers
133	00:58:40	6	Martin Baxter	MV45	Bridlington RR
134	00:58:42	194	Sharmila Mohanatas	FV35	Eccleshill RR
135	00:58:51	198	Julie Steele	FV45	Eccleshill RR
136	00:59:06	75	Mark Jackson	MV45	Unattached
136	00:59:06	215	Sarah Franklin	FV35	Horsforth Harriers
138	00:59:08	70	Paul Simmonds	MV45	Unattached
139	00:59:12	23	Steve Price	MV55	Eccleshill RR
140	00:59:22	137	John Ward 2	MV45	Unattached
141	00:59:25	206	Samantha Ireland	F	Unattached
142	00:59:36	230	Shian Foster	FV45	Unattached
143	00:59:39	12	Ian Wilson	MV35	Ackworth RR
144	00:59:43	163	Faye Cambridge	F	Unattached
145	00:59:47	157	Anna Marie McCallion	F	Pudsey Pacers
146	01:00:01	52	Martin Stevenson	MV35	Unattached
147	01:00:05	189	Barbara McGinley	F	Billingham Marsh House
148	01:00:22	82	Ian Taylor	MV45	Horsforth Harriers
149	01:00:34	227	Jazmin Salih	FV35	Abbey Runners
150	01:00:44	46	Rob Nichol	MV35	Unattached
151	01:00:47	10	John Marlow	MV55	Unattached
152	01:00:51	204	Suzanne Hague	FV45	Eccleshill RR
153	01:01:13	173	Jayne Dungan	FV45	Unattached
154	01:01:21	177	Lynne Fallon	FV55	St Therasas AC
155	01:01:25	166	Catherine Gray	FV45	Horsforth Harriers
156	01:01:26	91	Michael Anderson	MV45	Horsforth Harriers
157	01:01:41	164	Lindsay Bellerby	FV35	Unattached
158	01:02:11	141	Don Stead	MV65	Pudsey Pacers
159	01:02:19	151	Amanda Lockwood	FV35	Horsforth Harriers
160	01:02:30	235	Janet Glynn	FV35	Hyde Park Harriers
161	01:02:38	92	James Cook	MV35	Unattached
162	01:02:46	154	Jo Hewitt	FV35	Horsforth Harriers
163	01:02:48	208	Becky Kidner	F	Unattached

164	01:02:49	67	Graham Fisher	MV35	Pudsey Pacers
165	01:02:56	32	Neil Hall	M	Unattached
166	01:03:05	69	Ian Stanbridge	MV35	Horsforth Harriers
167	01:03:06	199	Amy Simpson	F	Horsforth Harriers
168	01:03:20	211	Rose George	FV35	Unattached
169	01:03:41	220	Liz Ward	F	Team Tri Sports
170	01:04:15	229	Lizzie Pinard	F	Unattached
171	01:04:17	57	Neil Edwards	MV35	Unattached
172	01:04:30	36	Martyn Ransom	M	Pudsey Pacers
173	01:04:37	179	Moira Lenaghan	FV65	Crossgates Harriers
174	01:04:47	228	Katie Merrick	FV35	Unattached
175	01:04:50	193	Sabrina Towriss	FV35	Eccleshill RR
176	01:05:45	226	Carol Parkinson	FV35	Pudsey Pacers
177	01:06:01	197	Dawn Hogan	FV45	Eccleshill RR
178	01:06:11	178	Maire McCallion	F	Pudsey Pacers
179	01:06:38	56	Andrew Senior	MV35	Unattached
180	01:06:42	113	Stephen Cowgill	MV35	Pudsey Pacers
181	01:06:45	207	Louise Simpson	F	Unattached
182	01:06:46	17	Paul Glover		Unattached
183	01:06:47	94	Ron Dyson	MV55	Ackworth RR
184	01:07:20	213	Katie Martin	F	Unattached
185	01:07:36	159	Kath Baxter	FV45	Bridlington RR
186	01:08:19	4	Philip Ramsden	MV45	Horsforth Harriers
187	01:08:35	191	Debbie Simpson	FV45	Billingham Marsh House
188	01:08:37	190	Jeanette Gratton	FV55	Billingham Marsh House
189	01:08:39	188	Dorothy Harris	FV35	Billingham Marsh House
190	01:08:57	124	Robin Goldring	MV35	Pudsey Pacers
191	01:09:08	171	Anne Akers	FV45	Eccleshill RR
192	01:09:51	45	John Johnson	MV75	St Therasas AC
193	01:11:47	2	James Lee	M	Unattached
194	01:11:48	155	Mandy Lee	F	Unattached
195	01:11:53	139	Derek Mitchell	MV65	Eccleshill RR
196	01:13:19	175	Lisa North	FV45	Unattached
197	01:15:13	118	Geoffrey Hardman	MV75	St Therasas AC
198	01:15:17	172	Sarah Louise Lambert	F	Horsforth Harriers
199	01:15:59	162	Wendy Stephenson	FV45	Pudsey Pacers
200	01:18:25	225	Stella Cross	FV45	Abbey Runners
201	01:22:42	152	Lucy Willder	F	Unattached
202	01:26:18	176	Anastasia Lincoln	FV55	Idle AC