

Club mail No. 34 - August 2006

BRADFORD MILLENIUM WAY UPDATE
LEEDS COUNTRY WAY TEAMS
GOLDEN ACRE RELAY
AMANDA SEIMS
NEW MEMBERS
AUGUST RACES

BRADFORD MILLENIUM WAY UPDATE

Since July's newsletter we've received confirmed results from the BMW. Our final position was 29th out of 40 teams - so well done everyone involved. A special well done to Peter Branney and Peter Davies who came 9th on the 1st leg, beating such well known clubs as Loopcircuit Oost-Groningen, Atletiek Vosselaar and Flanders Running B team!!!

LEEDS COUNTRY WAY TEAMS

The LCW is rapidly approaching and hopefully you're all reccie-ing your legs at least once a week ;)) Please click here for more details of the LCW (Excel format)

We've entered separate men's and women's teams this year for a bit of healthy (or even un-healthy boy-girl rivalry). The 2 teams we've entered are below;

IF YOUR NAME IS ON THE LIST

Please organise a day and time with your partner/s to recci, your leg and if you mention it at a training night may well get assistance from someone who already knows the leg.

If you become unavailable for whatever reason, please let Peter Hey or Carol Moran know immediately.

IF YOUR NAME IS NOT ON THE LIST

If you are available on the day you may be needed so please give your name to Peter Hey or Carol Moran - you may also join in some of the recci runs if this proves convenient for everyone.

It is important that everyone has reccied their leg at least once before race date.

We will also be looking for helpers; drivers, drink stops etc on the day so please let Peter or Carol know if you are available to help out at all.

GOLDEN ACRE RELAY

Well done to the 4 teams who turned up and ran the Golden Acre Relay on a very warm evening. Special well done to Peter Branney who ran the first two legs for one team then the third leg for another. Well done? Or does he just need help?

AMANDA SEIMS

We're wishing a fond farewell to Amanda who is leaving Leeds for at least a year to travel the world. All the best Amanda and hope to see you back in a Kirkstall vest some time again.

NEW MEMBERS

Apologies for not keeping you all updated more regularly but here is an update of new members since the last announcement.

JULIAN FARRELL AND SAMANTHA WILSON joined prior to running the Ackworth half marathon - but have not been seen since. Julian came from the other side of the City Centre, and Samantha a bit further - Castleford.

CLAIRE HOYLES AND WENDY RICHARDSON both from the Meanwood area, joined in March, Claire has now done her second half marathon, this time over the Humber Bridge, along with Wendy, who has now done her first half marathon, and both are now looking for more races.

"BAL" SANDHU from West Park who has now joined after a brief lay off due to injury - and is still as keen as ever.

TIM FOREMAN from the Newlay in Horsforth, joined in July (eventually!!!) and has already shown himself to be quite nippy and reliable for club events.

HELEN PANDYA from the Meanwood / Headingley area is another July member, and seems to be enjoying the training runs !!!

An old face (in more ways than one?) DAVID HUTCHINSON, from the Edens in Burley, has rejoined this month after several years of absence – mainly due to injury problems.
The latest new member is JILL, who has done a couple of races already, including the Great North Run, and is hoping to return there for an improved time.

AUGUST RACES

Tuesday 8th August – York Millennium Bridge Races (5k)

Sunday 13th August – Askern 10

Wednesday 16th August – Cinnamon Lodge Chase, Meltham, Huddersfield (6miles)

Monday 28th August – Spofforth Gala 10k, Harrogate

All the above have on the day entry according to the Runners World web site

If you're off to any races, please can you take some of our 10k entry forms to leave on the registration desks. These forms can be obtained from Peter Hey.