



KIRKSTALL HARRIERS Running Club

Female Open			
Place	Time	Name	Club
First	00:43:51	Myra Jones	Valley Striders
Second	00:44:45	Hannah Corne	Valley Striders
Third	00:48:17	Kate Bell	Abbey Runners

Female Over 35			
Place	Time	Name	Club
First	00:48:22	Joanna Mortimer	Kippax Harriers
Second	00:48:27	Liga Magdalenok-Keen	Chapel Allerton RC
Third	00:49:27	Jennifer Cunningham	Unattached

Female Over 45			
Place	Time	Name	Club
First	00:50:51	Sue Simpson	Harrogate Harriers & AC
Second	00:53:30	Liz Reddington	Valley Striders
Third	00:54:12	Janette Freeman	Horsforth Harriers

Female Over 55			
Place	Time	Name	Club
First	00:52:24	Debbie Bland	Baildon Runners
Second	00:54:46	Ruth Warren	Valley Striders
Third	00:55:32	Valerie Pell	Kippax Harriers

Female Over 65			
Place	Time	Name	Club
First	01:04:02	Maureen Coffey	Valley Striders
Second	01:09:00	Linda Coleman	Billingham Marsh House Harriers
Third	01:10:17	Coralin Harrison	Harrogate Harriers & AC

The First Female Team is Chapel Allerton RC			
	Time	Name	Club
	00:48:27	Liga Magdalenok-Keen	Chapel Allerton RC
	00:48:59	Rebecca Foster	Chapel Allerton RC
	00:48:59	Marie Walker	Chapel Allerton RC

The Winner of the Stephen Blades Trophy			
Pos'n	Time	Name	Club
54	00:48:17	Kate Bell	Abbey Runners

KIRKSTALL ABBEY 7

Male Open			
Place	Time	Name	Club
First	00:37:35	Frank Beresford	Otley AC
Second	00:38:05	Tim Midgley	Bingley Harriers
Third	00:39:21	Matthew Akpan	

Male Over 35			
Place	Time	Name	Club
First	00:40:25	David Stoneman	Skyrac AC
Second	00:42:14	Richard Gaffey	Abbey Runners
Third	00:42:52	Gareth Moules	Pudsey Pacers

Male Over 45			
Place	Time	Name	Club
First	00:41:34	Dominic Nurse	Abbey Runners
Second	00:42:12	Charlie McIntosh	Pudsey & Bramley AC
Third	00:43:25	John Gray	Billingham Marsh House Harriers

Male Over 55			
Place	Time	Name	Club
First	00:40:38	Steve Brown	Swaledale Runners
Second	00:45:11	Ken Fox	Hyde Park Harriers
Third	00:45:17	Steve Woods	Pudsey & Bramley AC

Male Over 65			
Place	Time	Name	Club
First	00:52:02	John Anthony Messenger	Kippax Harriers
Second	00:57:33	Malcolm Johnson	Horsforth Harriers
Third	00:58:51	Stewart Haigh	Ackworth Road Runners

The First Male Team is Abbey Runners			
	Time	Name	Club
	00:41:34	Dominic Nurse	Abbey Runners
	00:42:14	Richard Gaffey	Abbey Runners
	00:42:14	Tony Ward	Abbey Runners