

Hey Peter

From: Kirkstall Harriers [kirkstallharriers@yahoo.co.uk]
Sent: 03 March 2005 15:50
To: Kirkstall Harriers
Subject: KIRKSTALL HARRIERS NEWSLETTER No 16 - MARCH 2005

Dear Members,

This is the sixteenth club mail. Please follow the link to view: a Training schedule and an Event calendar

<http://mystuff.org.uk/kh/kh16.htm>

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CROSS COUNTRY

The last cross-country is this Sunday 6th March, fortunately or unfortunately, depending on your preferences. The venue is Kippax Leisure Centre, race starts outside the Leisure Centre at 11.00, with food and results afterwards. Anyone wanting lifts or to follow convoy style, please meet outside the LPSA at 9.45am

CROSS COUNTRY PRESENTATION

This will be at the Bar Med in town, South West corner of Park Square, on Friday 11th March. Tickets will be £2.50 per person, including buffet and disco, presentation taking place approx 9.00pm. Tickets to be purchased as soon as possible. Our ladies should be winning the runners up prize in the Premier League, so lets support them.

MARCH SOCIALS

We at social HQ have been asked by the powers to be organise a few cultural events so we have trawled through the web and come up with the following list for the month of March

<http://mystuff.org.uk/marchsocial.htm>

AGM

This was well attended and with some interesting opinions voiced.

The committee for this year is
NEAL SHOTTER - CHAIRMAN
RICHARD THOMAS - SECRETARY
PETER HEY - TREASURER
COMMITTEE MEMBERS ARE: Carol Moran, Trish Pearson,
Marlene Asquith, Ian Brown, Tony Downham, Paul Luxton

STUART MOORE has stepped down from the committee, due to his departure from the Leeds area after summer. The club wishes him all the best and would like to take this occasion in thanking him for all the hard work he's put into the club, and more so for getting another purple vest up there at the front end of the races.

SUBS These are now due. Those who joined after April last year are entitled to discounts from 100% to 25% depending on when they joined. But if they feel like paying the full subscription fee, the club will deem it an offence to refuse the offer.
Subs are now £11 for men £9 for women and £8.00 for spouses and anyone already members of LPSA
Vests for new members can be purchased at half price - they only have to pay £7.00

MONTHLY MEETING

We shall be holding the monthly meeting on Monday 14th March, at 8.30 in the LPSA

NEW MEMBERS

The last new members for 2004/5 are
CHRIS STROWBRIDGE, who just lives round the corner, whose main concern is getting fit for the Paris marathon.
LAURA CAREY----- AT LONG LAST, after bugging off back to the Southern village called Lundun or summat, she has finally joined our club, and seems to be doing more running then ever. Hopefully we can all meet her at the Leeds Half Marathon in May. Unless you are down that way and recognise her wearing our purple vest first.
DEBORAH MILBURN, currently living in Bramley, and is our last member to get a free vest, lets hope she is soon seen wearing it in some forthcoming races.

SPORTSMAN & SPORTSWOMAN

The closing dates for this is 7th March. Please e-mail Peter Hey at PHey@ccllabel.co.uk with your vote if you have not voted with the form- After this the committee will look at the nominations and make the final decisions.

TIME TRIAL

The last of the time trials will be held on March 16 March with a curry at the Sheesh Mahal afterwards

LIGHT NIGHTS

Hopefully we can get back to off road running shortly, so if you have any routes you would like to see on the training schedule, please mention these to Richard.

BRADFORD MILLENIUM WAY

This event is a relay race, each team to have 10 people running in 5 pairs of runners. The start is at Bingley at 8.00, and the legs vary from 5 to 9 miles and take in Haworth, Silsden Addingham and Ilkley. The routes are hilly, and include road, fields track and a bit of open moorland. Anyone doing a leg should be prepared to recci the route at least once, preferably twice, assistance in the first recci will be given

wherever possible. People wanting to take part, or willing to make up a team, please pass your name and preference to Peter Hey. Unfortunately, or fortunately this date is also the date for the Blackpool half or full marathon - so make your choice.

YORKSHIRE VETS

The next event in the series is the Tina Horn Memorial Race at Ogden Reservoir, on Sat 12 March 11.30, between Bradford & Haworth. This is a 6-mile run, first bit over open moorland, with the rest over paths and tracks. As this is a normal race the full fee of £4.00 is payable, and you are asked to carry full body protection, as on most fell races. This unfortunately clashes with the Dent 14 mile road race.

KIRKSTALL ABBEY 10K

At the AGM, the club decided to proceed with organising this event, this being the 21st year. Another meeting to focus on this event will be made in late March or April, once we have some dates available from Leeds City Council for the use of the Abbey grounds

Send instant messages to your online friends <http://uk.messenger.yahoo.com>