



Leeds Postal Harriers, PO Box 115, Royal Mail House, Wellington Street, Leeds LS1 1LA.

NEWSLETTER

DECEMBER 1990

Since the October newsletter there have been a few club participated races including the Leeds where despite the very windy conditions five members completed the marathon and seven the half marathon. Three members (Alan Thomas, Fran Haggerty and David Hebden) were also fortunate enough to run in the New York Marathon on 4th November and by all accounts it was well worth the journey. (We would like to assure you that this was not a club subsidised trip!)

Meanwhile ... now that we are well into the winter months the racing season changes from mainly road events to fell and cross country running which nicely leads us to remind you about the first race in the Running Wild Cross Country League. This is to be held at Ackworth on 16th December. As yet no details have been forthcoming but we will let you know as soon as possible.

AGM

The AGM will be held on Wednesday 9th January at 8.30 p.m. at the LPSA Club in Beecroft Street. The basic agenda at the moment is as follows:

- a) Receiving the annual report of the Committee.
- b) Receiving the audited statement of accounts and balance sheet.
- c) Election of officers and committee for the ensuing year.
- d) Election of the honorary auditors.
- e) Consideration of any amendments to the Constitution Rules of which due notice has been given to all members.

Any proposed change to a Constitution Rule by a member must be received by the Chairman or Secretary at least 21 days prior to the date of the AGM in order that all members shall have sufficient notice of the proposal. Each fully paid up member present shall have one vote.

There is, attached, a sheet for nominations to the Committee. Any club member can be nominated for any post as long as that person has agreed to be nominated. For information the existing committee consists of Alan Thomas (Secretary), Rod Lewis (Chairman), Peter Hey (Treasurer), John Hutchinson (Mens Captain), Anna Blackwell (Ladies Captain), Michael Reynard, Moyra Thomas, Peter Marshall and Richard Thomas. Due to domestic commitments there will be at least two vacancies next year.

London Marathon

If you have entered and are rejected don't forget to send your rejection slip to the Secretary. As yet we don't know how many places will be allocated to the club.

Leeds Postal Sports Association

If anybody who is not already a member wishes to join the social club so as to use its facilities on nights other than our club nights the annual subscription is £2.30. Any nominee has to be proposed and seconded. Please let us know in time for the new year.

Races Abroad

Due to the response for trips to races abroad we intend to organise two for 1991, a weekend to Amsterdam for the $\frac{1}{2}$ /full marathon in May and a week to Benidorm again for the full/ $\frac{1}{2}$ marathon at the end of November. Members wanting to go to Amsterdam are asked to give their names and £25 deposit by the end of February. Full details to follow.

Peter Hey

Finally, on behalf of the Committee, we thank you for your efforts and support over the year and wish you a Merry Christmas and a peaceful, injury-free New Year.