



Leeds Postal Harriers, PO Box 115, Royal Mail House, Wellington Street, Leeds LS1 1LA.

NEWSLETTER

FEBRUARY 1990

Dear Member,

Despite the interruptions of Christmas and New Year club members have still managed to participate in various events over the last few weeks. Before Christmas there was the first of our local cross country series at Temple Newsam where Trevor Wilson came first despite the wind, rain, hailstones, mud and taking a detour due to the guide markers blowing away! A great performance. The second cross country race was at Ackworth and although the sun was shining it was still very muddy with three streams included to either wade through or leap over. It was also a two lap course! For some of us these events are a new challenge and experience so if any of you have not experienced a cross country race before there is still time, with two more left. It only costs £1 to enter and includes a buffet lunch. These events require at least eight men and five women per team so please come if you can.

The club recently held its AGM and the committee of 1989 was voted in again for another year. There were no changes to the club rules or constitution.

I have received half the questionnaires I sent out before Christmas so if you haven't replied please do so and return ASAP. I will publish the results in a future newsletter.

Thank you for your continuing support.

Rodney Lewis, Chairman

#### CHAIRMAN'S CHASE

This will take place on Sunday 18th February at 11 a.m. from Kirkstall Sports Centre. If you wish to take part please let Rod Lewis know your best time for a 10K ASAP.

DIARY DATES

February 11th - Cross country organised by Abbey Runners - details TBA  
February 18th - Chairman's Chase - 11.00 Kirkstall Sports Centre  
March 4th - Cross country organised by Woodkirk Valley - details TBA\*

\*It was agreed when we were first asked to join the cross country league that we would help marshall this race. We would still like to field a full team and if any members know of any friends or relatives who could marshall for us it would be very much appreciated.

SUBSCRIPTIONS

Members should note that the 1990 subscriptions are now due.

TV RECORDING OF 'HAGGARD'

Members who attended Yorkshire Television in early November to see the recording of an episode of 'Haggard' may be interested to know it will be transmitted on YTV on Saturday 3rd February at 6.40 p.m.

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