



Leeds Postal Harriers, PO Box 115, Royal Mail House, Wellington Street, Leeds LS1 1LA.

NEWSLETTER

FEBRUARY 1991

Dear Member,

Our first newsletter of the year and we hope that we can keep you informed, like last year, of forthcoming events. Because of the time it takes to write, type, copy and distribute, the odd social or racing event sometimes does get omitted, but we try our best.

The club's AGM was held in January and a committee was voted in for another year. The committee is nearly the same as last year and we welcome Neal Shotter, Fran Haggerty and Amanda Churchill who replace Richard, Anna and Moyra.

Due to the healthy financial state of the club it was decided that subscriptions this year will remain at £2.50 each. So if you wish to continue as a member it would be appreciated if you could pay ASAP.

Also at the AGM, the draw was made for the club's London Marathon entry. As in 1990 ADT only let us have one entry! From the three first time rejects we knew of, Karl Bowers was the lucky winner. Out of all the members who applied for the London we know of only two who were successful. This has been the lowest number we have had in the London and it makes you wonder how the selections are made compared with a similar size race like the Great North Run. We know of nobody who has been rejected in that in past years.

Despite some atrocious weather conditions there was a good turnout for the Chevin Chase on Boxing Day, and more recently the Woodkirk 10K.

There have been three events in the Cross Country League so far, and the Temple Newsam meeting was videod by a member with his Christmas present! The club's own cross country is in the finalising stage and although we hope to have teams racing we would like help on the day for registrations, marshalling and the finishing area. Please let us know ASAP if you can help. The race is to start approx. 500 yards along a track from Wickes DIY (off the Ring Road), car parking is at Wickes and the race will start at 11.00 a.m.

Race Abroad

Due to a change in dates by the race organisers the Rotterdam races have been moved to November so unfortunately this trip is now cancelled. But we are planning a trip to Brussels for a 20K race on the Bank Holiday weekend 25th - 28th May. See separate sheet for details. We must know ASAP so as to book passage on the sea crossing.

The York Half Marathon this year is on the 24th March and we have entry forms if anybody needs one. Entries have to be in by 20th February.

A popular event last year, for the runners and walkers amongst us, was the Blubberhouses 25 and due to the 250 person limit entries have to be in very quickly. Please contact if interested.

After a gap of two years we are holding a Games Night at the Chairman's house in Burley-in-Wharfedale on 16th February (Saturday night). Trivial Pursuit and Darts are definitely not included this time. Again please contact ASAP if interested.

A new fixture list will follow shortly.

20K BRUSSELS ROAD RACE WEEKEND - 25th-28th MAY

PROPOSED ITINERARY - NORTH SEA FERRIES

SATURDAY 25th MAY Check in at Hull 17.00 hrs
Sail from Hull 18.00 hrs
5 course evening meal and full English breakfast

SUNDAY 26th MAY Arrive Zebrugge 08.30 hrs
Zebrugge to Ghent rail fare included
Check in hotel or travel direct to Brussels,
subject to actual timings to be confirmed,
approx. distance 50 miles.
20K road race starts 15.00 hrs
Return to Ghent hotel to suit
Bed and Continental breakfast

MONDAY 27th MAY To suit
Check in Zebrugge 17.00 hrs
Sail from Zebrugge 18.00 hrs
Full evening meal and breakfast

TUESDAY 28th MAY Arrive Hull 08.00 hrs

COSTS
Ferry, hotel and above meals £103
Race entry £ 10 max.
Train to Brussels say £ 10 approx.
Insurance £ 8.45

£131.45

Economy cabin if required £ 8.00 per single trip

DEPOSIT £15.00 per person by 13/2/91..

BALANCE 5.4.91

- N.B. 1. Above subject to 25% of party being female! We need 2½ females!
2. If we book via Apollo Travel with a discount, total cost = £127.60, but this includes £18.80 insurance.