

L.P.S.A. HARRIERS NEWSLETTER

JANUARY 1988

Yes, at long last, (or, oh no, not him again!) it's one's Chairperson again with my second contribution within a year. Our last newsletter was unfortunately February 1987 in the depths of last year's winter which lasted from January - December 1987, but perhaps things will improve this year.

As you will notice I'm almost the only writer this time so it would be appreciated if any of you could contribute to future editions of the newsletter - the next being in April or May hopefully. The object matter could be either serious (that's a laugh) or light-hearted. Anything will do, be it road racing, fell racing/walking, track athletics or even spectating. I'll even accept items about the running of the club or medical problems - but they'll be passed to Claire Rayner darlings!

As some of you have noticed, the road race season has quietened down but resumes in earnest in March. If you haven't received a 1988 fixture list please let us know.

1987 was an odd year in some respects for some club members. I think the omens were there in January at the Woodkirk 6-mile with the weather alternating between sunshine and blizzards. February was quiet but then in March it all started not happening. A coach trip to the West Lancs. $\frac{1}{2}$ marathon was very successful except that the race was cancelled half an hour before we arrived. At least everybody who ran the course came away with a 'gold' and 'silver' medal as consolation from the organisers plus a full stomach! Next, the big one, Rotterdam! Although no road racing was done due to the boat arriving eight hours after the races finished, the food and drink on the boat and the hotel were most enjoyable. Having said that we are hoping to go again this year. For those not familiar with the races I will elaborate.

The main race is the City-Pier-City Loop, a $\frac{1}{2}$ marathon from Den Haag to the coast and back. There is also a 10K and a 5K race. The actual race day is Saturday 26th March, leaving the evening and most of Sunday free for sightseeing in Rotterdam or Amsterdam. The ferry sails at 6.30 p.m. 25th March, 1988 and returns to Hull at 8.30 a.m. 28th March, 1988. The cost of the trip is as follows:

Hull - Rotterdam (return) including:

evening meal and breakfast on ship
one night and breakfast in four-star hotel
coach from Europoort - Rotterdam

Extras - return train to Den Haag	£69.00
approx. entry to race	£ 3.00
cabin on ship (return)	£ 3.00
	£16.00

Please see me as soon as possible for any more information or reservations as required.

Next month, February, we are also hoping to run the 2nd Chairman's Chase which will consist of a 10K run with handicap. The venue is as yet undecided but if you would like to take part would you please fill in the form at the end of this newsletter, and return as soon as possible.

Also in February we will resume our monthly tenpin bowling evenings which we try to have after the club meeting on the last Wednesday of the month. The bowling starts usually about 9.30 - 10.00 p.m. Again, if anybody is interested please let me know so that the appropriate number of lanes can be booked. The cost is about £1.60 including shoes.

A welcome to all new members and a thank you from the committee to all members for your support on and off the road during 1987. We hope it will continue throughout 1988.

If anybody has any queries about the contents of this letter or other aspects of the club please telephone me at work on Leeds 447718/9 between 12.00 - 1.00 p.m. or write to our PBO address.

Again, thank you for your continued support.

Rod Lewis
Chairman

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I am now taking firm bookings for the club trip to the London Marathon. We depart on Saturday morning 16th April at 07.45 a.m. and return on Sunday evening 17th April at 7.30 p.m.

The cost of this is £52.00 and includes:

Accommodation at The Royal Park Hotel, Westbourne Terrace (near to Oxford Street) in a twin/double room. (N.B. there will be a £6 supplement for single rooms)
Rail travel Leeds - Kings Cross (return)

If you intend booking I will require a deposit of £7.50 not later than Wednesday 10th February, 1988.

Moyra Thomas