



Leeds Postal Harriers, PO Box 115, Royal Mail House, Wellington Street, Leeds LS1 1LA.

NEWSLETTER

MARCH 1992

Dear Member,

This is the first newsletter of 1992, the last one being in December. Since then we had our AGM in January and there were no major committee changes. Also at the AGM the change to Rule 2 was passed.

Due to increased costs the annual subscription is now £3 p.a. It would be appreciated if this was sent ASAP. Cheques are still payable to LPSA Harriers.

As mentioned before we will now have to pay several affiliation fees, basic fee to the newly-formed North of England AA, then an additional fee to the Road Running, Cross Country and Fell sections. The new North of England AA will combine the old separate Northern Counties men and women's AA.

Great North Run - September. The entry form for this is normally published in an evening Tyneside newspaper which we are hoping to obtain copies of. If you would like to enter please let us know.

Club Clothing. The club still offers 10% discount on all items which are supplied to us by Sports Feet and Fastrax. We have vests, tracksters, some shirts and shorts in stock but please bear in mind that Fastrax normally have annual increases in April.

91-92 Cross Country League finished last month at Meanwood. Well done to all those who took part. The ladies did better overall than the men in the series of 5 races. Paul Reynard and Janice Bowers took the club's best performer titles.

Army Assault Course at York. Due to bad weather is 'event' was cancelled on 2nd February but we are trying to find an alternative date. Because of club and the organisers commitments no date has yet been settled but we'll keep you informed when something has been sorted out.

1991 Club Championship Results. Congratulations to the following members for their achievements over the last year.

Men: 1st - Peter Hey with 97 points, 2nd - John Hutchinson (94 points), 3rd - Clyde Naden (80 points).

Ladies: 1st - Linda Norgate (89 points), 2nd - Diane Barrett (85 points) 3rd - Cathy Lewis (80 points).

The 1992 Club Championship will run from March through to October. The best 6 scores per person will be taken into account out of the following races:

York ½ Marathon ✓	29th March
Horsforth ½ Marathon	26th April
Tadcaster 10 Miles ✓	2nd May (Sat.)
Otley 10 Miles	13th May (Wed.)
Ilkley 10K	14th June
Sheffield Full/½ Marathons ✓	28th June
Temple Newsam 10K ✓	8th July (Wed.)
Harrogate Town Centre 10K ✓	12th July
Burnsall 10 Mile/Fell ✓	22nd August (Sat.)
Leeds Full/½ Marathons	25th October

Another couple will be added later, possibly including a fell race.

Recommended Race. Away from the Club Championship a race which comes recommended is the Examiner 10 Mile in Huddersfield on Sunday 10th May.

Social Events. Enquiries have been made for an evening out at the Leeds L.A. Bowl. The price we have at present is £11 per person which includes 2 games and a meal. This would be a weekday event, either a Tuesday, Thursday or Friday evening. If anybody is interested please let us know. We need at least 12 people to obtain the above rate.

Peter Hey has compiled a list of races abroad with approximate prices. They include most races in Europe and some further afield. One possibility is a race in Paris in either September or October incorporating a trip to Euro Disney.

Following on from requests at the AGM we now intend to introduce a more rigid start time on club nights and begin a programme of routes covering various distances of between 4 and 9 miles. So from Monday 23rd March the group wanting to do a longer run will leave the Leisure Centre at 7.15 and the rest at 7.30. Full details of routes, distances etc. will be distributed when maps have been copied and a full list of the schedule will also be placed on the notice board in the Leisure Centre.

Finally, good luck to Michelle Oates who is doing her first marathon in London next month. Also 'bon voyage' to Chris Farley and Julie who are off to Turkey, Israel and then on to Asia just for the experience.