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LONDON MARATHON NEWS

Excellent news from our 3 London Marathoners this year.

On a very hot day all three got round in excellent times.

Jill Baron	3h 53m 51s
Sheila King	4h 20m 48s
Collette Spencer	4h 23m 25s

These were debut marathons for all three so I'm sure you'll join me in giving them a well earned pat on the back next time you see them. Not sure when that'll be as they're all due for a well earned rest.

CLUB XC CHAMPIONS 2007

Further to last month's newsletter whereby we awarded the Kirkstall Harriers 2007 Cross Country Championship award to Peter Branney, Peter has very kindly deferred this award to the 2nd place male, Jonathan Gidlow as Peter won the overall title. So congratulations to Jon. This as you know followed Peter winning the overall Sport Direct Individual trophy.

Collette Spencer won the ladies title (as reported last month).

Final tables below;

Mens

1. Peter Branney	80pts
2. Jon Gidlow	77pts – Kirkstall Harriers XC Champion
3. Alex Keep	74pts

Ladies

1. Collette Spencer	68pts – Kirkstall Harriers XC Champion
2. Carol Moran	65pts
3. Jill Baron	60pts

Note – the above table uses a scoring system that we have kindly borrowed from Abbey Runners web site. It's a fair system that gives priority to those who do the most races.

Congratulations to all, and a special note for Jill Baron who finished 9th overall in the Sport Direct league.

Good luck to Jon too, as he is leaving Leeds for a new life down south. All the best for the future Jon and thanks for all your efforts in the purple vest.

KIRKSTALL HARRIERS SPORTSMAN AND SPORTSWOMEN 2006

Its always difficult to select one person who befits the above award, especially now we have so many members, and a good friendly mixed bunch too. As most of our members will rarely win prizes in races, it would be nice to honour them all for their various attributes towards running and the club.

For the men this year there were 4 nominations. Those nominated, all for very good reasons were Peter Hey, Ian Brown and Jonathan Gidlow, but the one clear leader, and the one endorsed by the committee was Peter Branney, who has always been a good runner, but since the end of last year has improved even more, to such a point that he won the Cross Country League finishing first in all the 4 races he ran in, and has come 2nd in the Dearne Valley 10K, the Grisedale Trail, and the Chucky Egg 10K in Rotherham

For the ladies, again several worthy members being nominated including Jill Barron Carol Moran and Jill Stocks. The one with the most nominations and again endorsed by the committee, mainly for her consistency in turning out for the team events, and her enthusiasm on training nights, was Collette Spencer.

Congratulations to you both

BRADFORD MILLENIUM WAY

This 5 stage relay race starting in Bingley, taking in Haworth, Silsden, Addingham and Ilkley, before returning to Bingley takes place on 24-Jun-07. Martin Savage is organising teams, although with several other races taking place the same day, we will probably only be able to field one team rather than separate male and female teams as previous years.

So, we're looking for 5 men and 5 women. Please let Martin know if you're interested either on a club night or on marinesalvage@supanet.com

Martin will also organise the recce runs so even if you're not able to run if you can help out with the recce runs let Martin know.

KIRKSTALL ABBEY 10K

This years race is in the early stages of organisation and is provisionally set to take place on Sunday 23-Sep-07.

Year on year the race takes more organisation to get it on the road and this year we've decided it needs a separate organising committee.

Please let Peter Hey or any of the committee members if you're interested in getting involved.

Please can every member put the 23-Sep-07 in your diary as we'll need everyone available on the day to help set up and marshal.

SUBS REMINDER

For hose that haven't paid please can you forward your subscription monies (£14 for men and £12 for ladies) to Tony Downham, Peter Hey, Richard Thomas or Carol Moran.

YORKS VETS

The next race in this series is at Meanwood, from Old Leos rugby club and will take in bits of the Meanwood Valley Trail on Tuesday 22nd May, the race starting at 7.30. Hopefully there should be few excuses for not getting a good turnout and everyone scoring points for the club. Entry is £2.50 for Vets, and non Vets can run as guests too for a slightly higher fee.

NEW MEMBERS

Our latest recruits are Kimberley Ridout who comes from Berkshire, but is currently living in Chapel Allerton, (I don't think anyone has told her yet that there is a club called Chapel Allerton Road Runners) and Miles Cawthorn (apt name for a runner ?) from Morley.

Welcome to you both.

LEEDS COUNTRY WAY

Although a firm date hasn't been arranged for this yet it's usually the first Sunday in September therefore it's likely to be Sunday 02-Sep-07. The race consists of 6 legs with 2 runners per leg with each leg normally about 10 miles.

Ideally we'd like two teams (24 runners in total) so again if you're interested let our club captains Martin Savage or Collette Spencer know.

WASHBURN VALLEY RELAY

Anyone interested in taking part in this race for the club on Friday 20-Jul-07, please give your names to the committee members. We need 4 people per team, and each of the 4 legs is about 3 miles that goes round either Fewston or Swinsty reservoir, with the fifth and final leg, normally in the Spite pub in Otley to celebrate.

SUMMER CLUB NIGHTS – TIME FOR A CHANGE?

If anyone is interested in doing a training run away from the Leisure Centre say one night a month in the summer, such as starting from Golden Acre Park, recce runs for the Bradford Millennium Way or the Leeds Country Way please let this be known and it can be arranged.

CLUB COMPETITION STATISTICIAN

At the last club committee meeting we discussed the possibility of having an annual club competition with members scoring points for attending and performing at several races throughout the year such as the Sports Direct XC league. club night time trials together with a healthv mix of

other races such as 10ks, ½ marathons and marathons. Other clubs have similar system so it could just be a case of cribbing rules, handicap and scoring systems from them.

This would take a bit of time setting up, so if there is anyone out there who would be interested in doing a bit of research and putting together a system please let Tony Downham know.

It'd be good for the club and hopefully provide a bit of healthy competition between members.

JANE TOMLINSON RACE UPDATE - 24th JUNE 2007

As mentioned last month, Kirkstall Harriers have been asked to provide volunteers for marshalling on the day. If you are able to help out, please pass your details onto Richard Thomas.

NORTHUMBERLAND COASTAL RUN UPDATE – 15th July 2007

Quite a few members are doing this race and Jill has asked if you require accommodation please contact her asap on stoxy78@hotmail.com

ENGLISH ATHLETICS v ASSOCIATION OF ROAD RUNNERS

Members may or not know about changes to our governing bodies. Details at this point are a bit sketchy, but the NoEAA, (North of England Athletics Association) who we are registered with at present are rebranding themselves as English Athletics. On top of this a new organisation (Association of Road Runners) is being set up. There are pros and cons about both organisations. Staying with the NoEAA looks like it'll be more expensive but it looks like going with the ARR means we won't get places for the London Marathon. There may be a case of "better the devil you know" for the time being, however we shall keep members informed of any major developments on this issue, as soon as we know ourselves.

BIRTHDAYS

We don't normally announce birthdays in the newsletter, however this one deserves a special mention. John Hutchinson was 60 on 22-April, so a belated many happy returns to John, and good luck in the V60 cat in the Vets races !!!!

DUBLIN MARATHON – Monday 29th October 2007

No change since last month as it's still not possible to book return flights yet, although as last month you can book one way flights from Leeds Bradford to Dublin for a mere £40 incl. taxes one way on the Saturday.

The race organisers have sent me 10 entry forms for postal entry, so if you want one of these let me know. Otherwise you can enter online on www.adidasdublinmarathon.ie

If anyone is interested in more information let Paul Luxton know.

MAY RACES

Sunday 6th May – Bluebell Trail 10 (Halifax)
Sunday 6th May – Fountains 10k (Ripon)
Sunday 6th May – Kirkbymoorside 10k (York)
Sunday 13th May – Leeds ½ Marathon
Sunday 13th May – Ripon 10
Wednesday 16th May – Askern 10k (nr. Doncaster)
Thursday 24th May – Apperley Bridge Cantor 10k

Please check www.runnersworld.co.uk for entry details