

Club mail No. 37 - NOVEMBER 2006

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KIRKSTALL ABBEY 10K

Many thanks to all those who helped out on the day. It appeared to go well logistically and financially, and we've received several complimentary comments from some of the runners. If you have not claimed your T-shirt for marshalling please let us know, in the meantime we have some T-shirts for sale from this race - but only small and medium, plus a selection of T-shirts from previous years. All for the bargain price of £2.00

As Peter expressed at the post race meeting there are a number of aspects of the race we should be seriously reviewing, such as;

Do we want to stage another race next year?

Should we run on the canal instead of through Rodley for safety reasons - assuming it's safer on the canal with the possible exception of dogs, cyclists and anglers?

Should we make it mainly off road?

Do we still want to make it a T-shirt for doing the race - and if so what do we do about the design now?

All these questions and perhaps more should be looked at by a separate race committee, starting early next year. Peter advises "I've only done what we always did, which may not be the right approach for future years. I will still be happy getting involved but maybe its the right time for someone else - or two to head up the organisation of it."

We all agree Peter does a fantastic job of co-ordinating the organisation the race, but with increasing hoops to jump through to get the race on the road, maybe it's time for a proper race committee.

Thanks also to the generosity of the runners who raised £305 for Wheatfields Hospice, and with a top up from the race income of £245, we will shortly be sending a cheque for £550 to Wheatfields Hospice in memory of Paul Reynard.

WEST YORKSHIRE CROSS COUNTRIES

Well done to the three lads who ran the first of the series of 4, over Huddersfield way on 5th October. Tim finished 142nd with Jonathan 140th and Peter Branney 42nd

The 2nd race in the series was at Boddington fields on the 29th Oct with hopefully a full team of 6 out, and the next is in Wakefield on November 19th, if you fancy a run.

Hopefully news of these in next month's newsletter.

YORKSHIRE VETS LEAGUE

The final race of the series is in Halifax on 12th November from Springfield Mansion (just a bit further out from Eureka) on the flat but maybe muddy canal course - so we have been told. Kirkstall Harriers are sadly placed at the bottom end of the league - mainly due to Peter Hey being the only points scorer. If you fancy a friendly run and are over 35 come along and see if we can increase our position a bit - you don't have to be over 35 to run, but only the old buggers over 35 can score.

XMAS LIGHTS RUN

Once again we have been asked by Horsforth if we fancy doing the Xmas Lights run. This year we hope to be doing it on Tuesday night 5th December at 7.30 from the LPSA Club - with a buffet afterwards. If you are doing this run please let us know so we can cater for enough sausage rolls and buns. Yes that means we can run 3 nights on the trot!

For those not familiar with this run, it's terrific fun. We start at the LPSA instead of the Leisure Centre and with the combined ranks of about 40 runners from Kirkstall and Horsforth, many in festive fancy dress we set off down Kirkstall Road, and then bemuse late night Christmas shoppers by running around the German Christmas market in Millennium Square followed by a run round the city centre shopping areas, possibly a carol singing session in City Square by the tree and then back up Burley Road for a mince pie and a glass of brandy at the LPSA.

NEW MEMBERS

Please welcome the following new faces to the club

CHLOE GILLANI, from off Kirkstall Road - who says she enjoyed running leg 3 of the Leeds Country Way for us !!!

ALEX KEEP, from Burley who is a welcome addition to the increasing numbers of the "fast group" on training nights

CHAROTTE MORRIS, again from Burley who has only been down for a couple of weeks, but seems to be becoming a regular.

EMMA MAUGHAN & KEREN GLOVER, both also from Burley, who have joined on only their 2nd week of training runs – does this mean we are doing something right ??? - or is it just the cheap drinks at the LPSA that attract them all.

HELEN GOLDTHORPE from Roundhay, must be nicer running round Kirkstall !!!, who has already done the Berlin full, and Amsterdam half marathons - or it could be the other way round.

LONDON MARATHON 2007

Just a quick reminder that we're coming up to that time of year again. No no, not Christmas but London Marathon ballot results time, normally in the first week of December. The club should have 2 or 3 places to allocate to runners who have entered the normal ballot and have been rejected. Please let Peter know if you get rejected but still want a chance of running, and remember to keep your rejection slips.

NOVEMBER RACES

Sunday 5th November – Guy Fawkes 10, Ripley, Nr. Harrogate

Sunday 19th November – Barnsley 10k

Sunday 26th November – Leeds Abbey Dash 10k

Of the above races the Abbey Dash has to be entered in advance, but all others have on the day entry according to the Runners World web site.